

## Frequently Asked Questions

**How do I apply for summer training?** Cadets must first meet the prerequisites for training. Documentation is provided for cadets and their parents by their unit staff. With parent/guardian consent and the recommendation of the Commanding Officer (CO), the completed application will be submitted through FORTRESS (the national administration system) for consideration. Cadets will be selected based on allocated space, previous training performance, and the CO's recommendation. Additional criteria are considered for National Courses.

**When will I know if I am selected?** Unit staff will be notified first of selection statuses. While there is a general aim to provide notification two months prior to course start dates, it is possible to receive offers of participation weeks or even a few days before the start date. In the case of National Courses, selections are completed and notification is typically provided to units by 31 March.

**Will I get paid for summer training?** Cadets receive a training bonus of \$10 per day for each day of training they complete (weekly maximum of \$60, and a course maximum of \$360).

**Can I apply if I am turning 19 soon?** A cadet's 19th birthday must occur after the return travel date.

**Where can I find additional information?** Joining Instructions and Training Centre-specific information can be found at [portal-portal.cadets.gc.ca](http://portal-portal.cadets.gc.ca). Registration is required for access to this website. Joining Instructions and Training Centre-specific information is also published by the RCSU to Corps staff annually.



## ARMY CADET SUMMER TRAINING OPPORTUNITIES

INFORMATION FOR CADETS AND THEIR PARENTS

REGIONAL CADET SUPPORT UNIT (CENTRAL)



### Courses and Locations

1 Week	General Training   Trenton CTC
3 Weeks	Basic Courses   Blackdown CTC Basic Marksman   Connaught CTC
6 Weeks	Instructor Courses   Blackdown & Connaught
6 Weeks	<b>Out of Region</b> Leadership & Challenge   Rocky Mountain CTC Expedition Instructor   Whitehorse CTC

### Advanced Training Opportunities

3 Weeks	Army Cadet Voyage in History   Connaught CTC
4 Weeks	Basic Parachutist   Trenton CTC
6 Weeks	Maple Leaf Exchange   Connaught CTC

## QUESTIONS?

Talk to your Corps staff. They are the first point of contact for all summer training activities. For general information only contact:  
1-877-781-5217  
[cadet-info-ontario@forces.gc.ca](mailto:cadet-info-ontario@forces.gc.ca)  
Facebook Messenger: @OntCadets



**MAPLE LEAF EXCHANGE** - The aim of these six-week exchanges are to introduce cadets to the training in the Army Cadet Force in the United Kingdom in Wales, Scotland and England as well as providing cadets an opportunity to participate in cultural activities and touring.

Must be medically and physically fit, must be 16 by the start of the exchange, have no participation limitations which may preclude them from participating in intense level adventure training activities in remote locations overseas and in high altitudes, have achieved minimum the Bronze Level of the Cadet Fitness Assessment Incentive Level, be motivated to pursue outdoor leadership and adventure training activities, have completed Gold Star training by 30 Jun. Priority will be given to cadets with a higher ranking in the National Star of Excellence (NSE). Conducted at: Connaught (Kanata, ON), and the United Kingdom.

**ARMY CADET VOYAGE IN HISTORY - BATTLEFIELD TOUR** - The aim of these three-week tour is to provide the opportunity for up to 30 senior Army cadets to participate in a battlefield pilgrimage, to stand in the place where our history was shaped. This activity would commence at home where cadets will be required to conduct research in their community to "bring back to life" a Canadian soldier. Cadets would then regroup in Ottawa to continue their research, with the assistance of the War Museum's historians, prior to undertaking a battlefield tour in Europe. Must be medically and physically fit, must be 16 by the start of the exchange, have no participation limitations which may preclude them from participating in remote locations overseas, have achieved minimum the Bronze Level of the Cadet Fitness Assessment Incentive Level, have completed Gold Star training by 30 Jun. Priority will be given to those cadets with a higher ranking in the National Star of Excellence (NSE). Conducted at: Connaught (Kanata, ON) and TBA

**CANADIAN FORCES BASIC PARACHUTIST COURSE**- This 4-week course is a rigorous and physical demanding challenge that qualifies a cadet as a CAF Basic Paratrooper. It is conducted through the Canadian Forces Advanced Land Warfare Centre. Cadets must complete a pre-para course in the spring before selection for this course. Cadets will conduct multiple jumps from a CC-130J Hercules aircraft. Must be certified by a CF medical officer as being physically and mentally fit, must be 16 by 1 July of year of training and shall not have reached the age of 19 during the course, have no participation limitations which may preclude them from participating in intense level physical training activities in remote locations and in high altitudes, have achieved the minimum fitness requisite of 31 sit-ups & 7 chin-ups & a 1600 meter run in under 7:30 minutes, have completed Gold Star training by 30 Jun. Priority will be given to those cadets with a higher ranking in the National Star of Excellence (NSE). Conducted at: Trenton, ON

**STAFF CADET OPPORTUNITIES (ADVANCED TRAINING)** - Staff cadets are the NCOs of the Cadet Training Centres. Staff cadets gain valuable leadership, teamwork and instructional experience. A staff cadet can assist the officer staff with the instruction and supervision of cadets, or might be tasked in an administrative or logistical support role. Rank and pay for staff cadets depend upon the position; this is usually determined during a pre-course training and evaluation period. A staff cadet applicant must be at least 16 on 1 Jan.

## COURSE DESCRIPTIONS

**GENERAL TRAINING COURSE (GTC)** - This one week course provides cadets who have recently joined the Cadet Program an introductory summer training experience where they will participate in a variety of activities from each specialty, to include Drill and Ceremonial, Music, Marksmanship, Adventure training, sports and swimming. Must be medically and physically fit and completed Green Star by 30 Jun. Conducted at: **Trenton (Trenton, ON)**

**BASIC DRILL AND CEREMONIAL COURSE (BDCC)**- This three week course provides cadets an opportunity to build on drill learned at the corps, participate in advanced drill and ceremonial activities, and to develop leadership skills and knowledge; while performing the role of a team leader. The cadets participate in activities such as; commanding a squad on parade, drill with arms, flag drill, and marksmanship training. Must be medically and physically fit and completed Red Star by 30 Jun. Conducted at: **Blackdown (Borden, ON)**

**DRILL & CEREMONIAL INSTRUCTOR COURSE (DCIC)** - This six week course provides cadets an opportunity to develop the skills and knowledge to become a Drill and Ceremonial Instructor. Cadets will be prepared to assume a specialist parade position at their home unit. The cadets participate in activities such as; advanced drill, instructional techniques and leadership. Must be medically and physically fit and completed Silver Star by 30 Jun. Conducted at: **Blackdown (Borden, ON)**

**BASIC FITNESS AND SPORTS COURSE (BFSC)** - The aim of this three-week course is to provide cadets with the fundamentals of fitness and recreational sports training, building upon what has been experienced at the Corps. This aim will be accomplished through the development of skills and the provision of ample opportunity for practical application. The course will promote the development of ethical sports conduct, sportsmanship and teamwork. Must be medically and physically fit and completed Red Star by 30 Jun. Conducted at: **Blackdown (Borden, ON)**

**FITNESS AND SPORTS INSTRUCTOR COURSE (FSIC)** - This six week course provides cadets an opportunity to develop as a fitness and sports specialist with the skills and subject matter knowledge required to perform the role of a Fitness and Sports Instructor and a team leader for fitness and sports activities. The activities the cadets will be participating in are: personal fitness and healthy living, conducting the Cadet Fitness Assessment, and leading recreational sports. Must be medically fit, have completed Silver Star by 30 Jun and have achieved the overall fitness incentive level bronze. Conducted at: **Blackdown (Borden, ON)**

**BASIC EXPEDITION COURSE** -

This three week course provides cadets with the fundamentals of expedition training. Cadets participate in activities in a dynamic learning environment. Cadets will be exposed to aspects of a multi-day long expedition. Must be medically and physically fit, and have completed Red Star and the overall fitness level of bronze by 30 Jun. Conducted at **Blackdown (Borden, ON)**

**EXPEDITION INSTRUCTOR COURSE** - This six week course provides cadets an opportunity to develop as a specialist with the skills and subject matter knowledge required to be an instructor and team leader for Expedition training conducted at the Corps. They will learn the theoretical and technical skills needed to deliver an Expedition and face a challenging multi-day Expedition. Must be medically and physically fit, and have completed Silver Star and achieved the overall fitness level of bronze by 30 Jun. Conducted at **Blackdown (Borden, ON)** or **Whitehorse, YK.**

**AIR RIFLE MARKSMANSHIP INSTRUCTOR COURSE (ARMIC)** - The aim of this six-week course is to develop individual air rifle marksmanship and summer biathlon specialty skills while reinforcing and further developing the leadership and instructional techniques skills. Sportsmanship and discipline while safely handling rifles are important skills taught on this course. Must be medically and physically fit, and have completed Silver Star by 30 Jun. Conducted at: **Connaught (Kanata, ON).**

**MILITARY BAND / PIPE BAND -BASIC MUSICIAN COURSE (MB-BMC / PB-BMC)** -These three week courses provides cadets the opportunity to participate in music training and military band activities. Cadets will maintain an primary instrument, learn music theory, and execute drill as a member of a band while performing ensemble music. Cadets can participate in the MBC as a member of a military band or a pipe and drum band. Must be medically and physically fit and have completed Red Star by 30 Jun. Conducted at : **Blackdown (Borden, ON)**

**MILITARY BAND / PIPE BAND -INTERMEDIATE MUSICIAN COURSE (MB-IMC / PB-IMC)** - This six week course raises cadets' musical skills to the next proficiency level and builds on the skills learned in the Basic Musician Course. Cadets can participate in the IBC as a member of a military band or a pipe and drum band. Must be medically and physically fit, have achieved the basic music proficiency level and completed Silver Star by 30 Jun. Conducted at **Blackdown (Borden, ON)**

**MILITARY BAND / PIPE BAND - ADVANCED MUSICIAN COURSE (MB - AMC / PB - AMC)** - This six week course raises cadets' musical skills to the next proficiency level and builds on the skills learned in the Intermediate Musician Course. Cadets also learn some instructional techniques relating to music. Must be medically and physically fit, and have achieved music proficiency level 2 and completed Gold Star by 30 Jun. Conducted at: **Blackdown (Borden, ON)**



**BASIC MARKSMAN COURSE** - This three week course provides cadets an opportunity to develop their skills in a safe and practical manner. This course promotes the development of marksmanship competition, sportsmanship and teamwork. Cadets will be exposed to a variety of air rifle marksmanship opportunities to inspire them to pursue further Marksmanship courses. Must be medically and physically fit, and have completed Red Star by 30 Jun. Conducted at **Connaught (Kanata, ON).**

**FULLBORE MARKSMAN PHASE I COURSE** - This six week course develops in cadets the skills necessary to participate in competitive full-bore marksmanship as an individual competitor. Cadets will learn to compete as a large bore 5.56mm rifle competitor, and will have the opportunity to participate in the Canadian National Cadet Fullbore Championship. Cadets must be medically and physically fit, and have completed Silver Star by 30 Jun, be motivated to pursue marksmanship training and be selected based on participation on the Basic Marksmanship Course, their standing on the Zone Level of the Canadian Cadet Marksmanship Championship and a postal return of their top 6 air rifle grouping targets. Conducted at **Connaught (Kanata, ON)**

**FULLBORE MARKSMAN PHASE II COURSE** - This six week course builds on the Phase I course by preparing cadets to participate in competitive full-bore marksmanship as a member of a competitive team. Cadets will learn to participate as a large bore 7.62mm rifle competitor. Cadets will participate in the Canadian National Cadet Fullbore Championship, the Ontario Rifle Associations' Provincial Fullbore Championship, and the Dominion of Canada Rifle Associations' National Fullbore Championship. Must be medically and physically fit and have completed Gold Star by 30 Jun, and be invited to attend based on their standing on the Fullbore Marksman Phase I Course. Conducted at **Connaught (Kanata, ON)**

**RCAC NATIONAL RIFLE TEAM** - The aim of this six-week course is to develop a specialist with the attitude, skills and subject matter knowledge required to participate in competitive full-bore marksmanship as a member of a competitive team at the international level. The cadet will participate as a large bore 7.62mm rifle competitor. The cadet will participate in the Canadian National Cadet Fullbore Championship, the United Kingdom's International Full-bore Championship in Bisley, England. Must be medically fit, have completed Gold Star training by 30 Jun, have achieved the Bronze Level of the Cadet Fitness Assessment Incentive Level, and be invited to attend based on their standing on the Fullbore Marksman Phase II Course. Conducted at **Connaught (Kanata, ON)** and **Bisley, England.**

**LEADERSHIP AND CHALLENGE COURSE** - The aim of this six week course is to develop cadets to be an instructor and team leader for Expedition activities within the Army cadet program. The cadets will learn advanced theoretical and technical skills required to assist in the delivery of Expedition Training at the Corps. This course will ensure the cadets are adequately prepared to face challenges at the Corps and as staff cadets. Must be medically and physically fit, have no participation limitations which may preclude them from participating in intense level adventure training activities in remote locations and in high altitudes, have achieved minimum the Bronze Level of the Cadet Fitness Assessment Incentive Level, and have completed Gold Star training by 30 Jun. Priority will be given to those cadets with a higher ranking in the National Star of Excellence (NSE). Conducted at: **Rocky Mountain (Canmore, AB)**



“ Experiences you can't get anywhere else.”